

A great start to 2019

Hello community partners, patients, and parents!
This is our first quarterly newsletter of 2019.
Read through and click on the links to learn more.



New directors and managers

QUALITY LEADERSHIP

Human Resources: TenderCare Clinic has hired a new Director of Human Resources, Nate Karlin. Nate is an experienced recruiter and prides himself in being able to build a strong rapport with those he works with. He has a substantial background in communications and a very energetic and positive demeanor. We are looking forward to the improvements he brings to TenderCare.

Medical Director: **Nathan Wade, FNP-C** was named the new Medical Director for TenderCare Clinic. Nathan has been a provider at the Greensboro office for almost four years and is well-liked by all his patients due to his caring attitude and positive demeanor. As Medical Director, Nathan will be responsible for a number of activities related to the delivery of medical care and clinical services. He will support the other providers, develop and implement best practices, and oversee compliance to ensure high-quality care for TenderCare's patients. Nathan will continue to see patients at the Greensboro office Tuesday-Friday. Congratulations, Nathan!

Office Managers: Each of our **office locations** has an office manager that is happy to help answer questions, solve problems, and be there for our patients. All of our employees are glad to assist you, and the managers will assure quality care from our providers and staff for you.

[VISIT OUR WEBSITE](#)



CHECK YOUR RESULTS ONLINE

Don't forget about our Patient Portal- you can view the provider's summary of your visit, see your lab results, and even request prescription refills all at the click of a button!

Patient Portal

WE LOVE OUR PROVIDERS!

All of our **providers** are able to see both adults and children.



Standing, L to R: Sally Powell, NP; Corey Woodard, DMD; Nathan Wade, NP; Dave Ringer, MD; Rhonda Mealor, RDH; Jessica Simpson, NP; Peggy Edmonds, NP; Matthew Carithers, DMD; Elizabeth Coe, DO; Carolyn Lunsford, RPH

Sitting, L to R: Itoro Edet, MD; Charles Culpepper, RPH; Jessica Arp, CADC-II; Megan Jackson, NP; Donna Kauffman, NP

Not pictured: Lora Lee Antill, RDH; Craig Colby, MD and Kelly Wiedower, NP



DAY AT THE CAPITOL

Several employees attended Community Health Center Day at the Capitol on February 11th. Health center staff from all across the state of Georgia met at the Capitol to set up information tables and show the importance of health centers in Georgia's healthcare system. The Lt. Governor spoke about the need for them and voiced his support; a proclamation was read to declare the day Community Health Center Day.

[More about the Georgia Primary Care Association](#)



COMMUNITY HELPER DAY

Dr. Craig Colby and Brittany Jackson, who work together at TenderCare Clinic of Lake Oconee, visited the preschool at Lake Oconee Academy on February 12th. Dr. Colby's daughter and Brittany's son (pictured above) are in the same classroom, so they received a special visit from their parents as part of Community Helper Day. Dr. Colby, a family medicine doctor, and Brittany, a medical assistant, told the students about working at a doctor's office and how they take care of people who are in need.

[Read the full article](#)



PATIENT HEALTH & RESOURCES

We hosted [GeorgiaCares](#) for a Medicare Information Session in February. GeorgiaCares counselors help answer questions about Medicare and help you find the right insurance plan. They offer unbiased advice and resources to assist you in choosing the right health insurance for you and your situation.

We also teamed up with St. Mary's Good Samaritan Hospital for the third year in a row to host Walk to Wellness, a 6-week walking program free to all in the community. Participants meet Monday-Thursday at Robinson Park in Greensboro and walk laps. The program will run through mid-April.

The walkers are already improving in strength and stamina after three weeks, increasing the number of laps walked each day as well as the number of minutes walked. The participants are eager to see their post-assessment results after the 6 weeks.

[Learn more about Walk to Wellness](#)

HERE TO SERVE YOU

Our providers have been busy the past few months! Below are the numbers of visits & encounters we completed in our first quarter (January-March).

Medical: 8,234 visits
 Dental: 1,286 visits
 Behavioral Health: 198 sessions
 Patient Care Plans/Health Education: 1,480 visits
 Travel Clinic: 17 consultations
 Nursing Homes: 648 visits
 Nurse (shots, labs, etc): 529 visits
 Eligibility (slide, insurance): 462 visits
 Pharmacy: 11,430 prescriptions filled

Our medical visits (seeing the doctor, getting patient education, or coming in for a nurse visit) were also broken down by office location for the three months:

Greensboro: 4,493 encounters
 Lake Oconee: 2,966 encounters
 Milledgeville: 1,398 encounters
 Wellness Center: 1,220 encounters

[Our health services](#)



UPCOMING EVENTS

We are excited for the upcoming events we are participating in or hosting:

April:

- 12th: Greene County Teen Maze
- 13th: Greene County Literacy



CARE PLANS

We would like to spotlight our Care Plan Coordinators this quarter! Crystal, Ashley, and Candice complete Care Plans (case management) with our patients. They help our patients make personal goals such as lower blood pressure or reduce BMI, and

Fair

- 13th: Art Healthy Festival
- 20th: Southland Jubilee
- 26th: Putnam County Teen Maze

July:

- 20th: Health Fair (combined with Greene County Back to School Bash)

assist them with nutrition and exercise plans to accomplish the goals.

They have done an amazing job! This is how many Care Plans were completed at each location this quarter:

Greensboro: 737

Lake Oconee/Wellness Center: 567

Milledgeville: 116

[More on Wellness](#)

[Visit our News and Events Page](#)

SHOP AND SUPPORT

Would you like to support our Preschool when you shop online? We have established an [AmazonSmile](#) account to support TenderCare Preschool. Amazon donates 0.5% of your purchase price to the preschool when you shop through AmazonSmile! AmazonSmile is the same Amazon you know with the same prices and products. Click the link below to choose "TenderCare Clinic Inc" as your charitable organization so the donation goes to the care of the children in our preschool!



[Go to AmazonSmile](#)

Thank you for letting us share our mission with you.

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